



Kit List

Your child will need one small backpack for the journey in which they will need **a snack and drink**, preferably water. They may also bring small items for entertainment e.g. playing cards, colouring pencils. **No mobile phones or electronic games please. No hairdryers or other hair styling items.** Children should bring plenty of spare clothes in case of wet weather and for muddy activities. Brand new and expensive items should be left at home. Old, casual and easily washable clothes are recommended. Denim jeans are impractical as they are heavy when wet and difficult to dry. If your child is bringing deodorant these **should be roll on rather than spray as the latter often set off fire alarms.**

Clothing

Night clothes

Spare underwear at least 2 sets

2 or more fleeces/jumpers

3 or more pairs trousers (not denim jeans)

2 long sleeved T-shirts

2 short sleeved T-shirts

Walking boots and/or trainers for outdoor use

Trainers for indoor use

Waterproof jacket/Coat – 2 if possible, 1 could be lightweight

Waterproof trousers if you have them

Hat and Gloves/sun hat and sunscreen

Wash bag and 2 towels (1 can be small the other should be big enough for after shower use)

Toothbrush, toothpaste and shower gel or bar soap

Other Essentials

Medicines and inhalers (including tablets for travel sickness – to be handed, **labelled**, to group leaders for safe keeping. Reusable,

labelled, plastic bottle (leak proof) for drinks

Plastic bags/bin liners for wet and dirty clothes

Scrunchies or bands for tying up long hair – this is

ESSENTIAL in order to safely take part in some of the activities

Please don't pack

Any electrical items, including mobile phones, money or sweets



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