



## Kit List Little Canada 2023

Your child will need one small backpack for the journey in which they will need **snacks, packed lunch, drink**, small games eg playing cards, colouring pencils. **No mobile phones, electronic games please. No hair dryers or other hair styling items.** Children should bring plenty of spare clothes in case of wet weather and for muddy activities. Brand new and expensive items should be left at home. Old, casual and easily washable clothes are recommended. Jeans are impractical as they are heavy when wet and difficult to dry. **PGL advise that children should bring roll on rather than spray deodorants as the latter often set off fire alarms.**

### Clothing

Night clothes  
Underwear  
2 or more fleeces/jumpers  
3 or more pairs trousers (not jeans)  
Several long sleeved T-shirts  
Walking boots and/or trainers for outdoor use  
Trainers for indoor use  
Waterproof jacket/Coat – 2 if possible, 1 could be lightweight  
Waterproof trousers if you have them  
Hat and Gloves  
Wash bag and 2 towels (1 can be small the other should be big enough for after shower use)

### Other Essentials

Medicines and inhalers – to be handed, **labelled**, to group leaders for safe keeping.  
Reusable plastic bottles (leak proof) for drinks  
Plastic bags/bin liners for wet and dirty clothes  
**Scrunchies or bands for tying up long hair** – this is **ESSENTIAL** in order to safely take part in some of the activities

### Other optional items

If your child brings a camera it is at your own risk but a disposable one is often a good option (**mobile phones are not allowed**)  
Pocket money up to £15 in a named wallet – children will need to be responsible for their own money.

### Lost Property

PGL will do their best to return named lost property to its owners. We strongly recommend woven type name tapes, which should be firmly stitched into an obvious place in each garment. We reserve the right to charge postage and packing for those items returned after your stay.



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