

Personal, Social, Health and Citizenship Education Policy (S.R.E Education included)

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revised

Rationale

- PSHE and Citizenship is central to the aims of Clyst St Mary Primary School.
- PSHE enables children to become effective learners and supports them as they move from childhood through adolescence to become individual young people and effective citizens.
- PSHE and Citizenship can be a positive influence in the formation of young people's values, attitudes and beliefs.
- The skills PSHE encourages are complementary to the demands made in the whole curriculum and are embodied in what and how we teach children at Clyst St Mary Primary School.
- Every teacher has a responsibility for teaching and caring for the personal, social and health development of all the pupils in their care.

Aims

- The school aims to provide opportunities to teach, challenge and extend children. So that they can develop skills, knowledge and understanding, in order to allow children to:
 - ◆ take and share responsibility
 - ◆ feel positive about themselves
 - ◆ take part in discussions
 - ◆ make real choices
 - ◆ meet and talk with people
 - ◆ develop relationships through work and play
 - ◆ consider social and moral dilemmas encountered in everyday life
 - ◆ ask for help

(National Curriculum, 2000)

Citizenship

Citizenship has become an integral part of PSHE throughout the foundation year, Key Stage 1 and 2. The main 5 areas covered at Clyst St Mary are:

- Rules
- Communities
- Conflict
- Making choices

- Responsibility

Children are encouraged to debate topics, role-play and evaluate ideas.

Sex and Relationship Education

It is our policy that sex education should form part of the taught curricular programmes of study. The delivery of this area of the curriculum will be at a level appropriate to the child's age, maturity and ability to understand. Sex Education will also be approached with due regard to moral considerations and the value of family life.

If Parents do not feel happy about the Sex Education programme we have prepared, they have the right to withdraw their children from lessons, which cover content beyond teaching about the main stages of the human life cycle (National Curriculum Science Document). Parents will be informed of this prior to the start of the Programme.

If this is how you feel, we would be grateful if you could talk either to the class teacher or Headteacher prior to making your decision to discuss the areas, which are a cause for concern.

The Role of Parents

The teaching offered by the school is planned to compliment and support the role of the parents. Parents will be informed about the content and presentation of the structured programme of study prior to its commencement in the form of a letter. They will also be provided with an opportunity to view the video material before it is shown to the children in support of the lessons. Parental views will be taken into account when planning the Sex Education lessons in detail. Whilst noting that Sex Education is a fundamental responsibility of parents, it is accepted that many parents are happy for the school to take a lead in this area.

Parents will be invited to an information evening prior to the start of the Sex Education programme of study, where the scheme of work is explained e.g. the content of the video. There will be a discussion of the programmes that will be watched and the sort of follow up areas which are likely to be covered, and the dates on which the programmes will be seen, in order to be prepared for questions raised at them. Parents may borrow copies of the video material from school for advance viewing, and have the right, if they wish, to withdraw their child from these sessions.

Where the occasion arises, teachers may suggest that children discuss particular issues with their parent's e.g. the onset of menstruation, or questions arising from specific family experiences, such as miscarriage. The intention is to involve parents positively in helping their children to learn and to understand.

Our Code of Practice

At Key Stage 1 (4 - 7 year olds) Sex Education is covered within science and PSHE. (growing, change, keeping safe, feelings and relationships) Teachers will also respond to questions that may arise. Teachers may use the *"4 Schools" Video All About Us Unit 1* to support this work.

At KS2, lower Junior level, children are introduced to the reproduction of living and non living things as part of the Science programme of study. Within PSHE they cover feelings and relationships, growth and change. Again children's questions will be answered in a way suitable to their age and maturity. Teachers may use the *"4 Schools" Video All About Us Unit 2* to support this work.

At upper junior level in Year 5 and 6 Sex Education is introduced in a more structured way using the published Video Series *"All About Us"*. This is normally introduced in the context of a wider Science topic such as *"Ourselves"* and Health Education every year. Teachers will use the *"4 Schools" Video All About Us Unit 2 and 3* to support this work.

Each programme is followed by discussion with teachers, aiming to create an atmosphere in which children's questions can be addressed, and any concerns expressed without embarrassment.

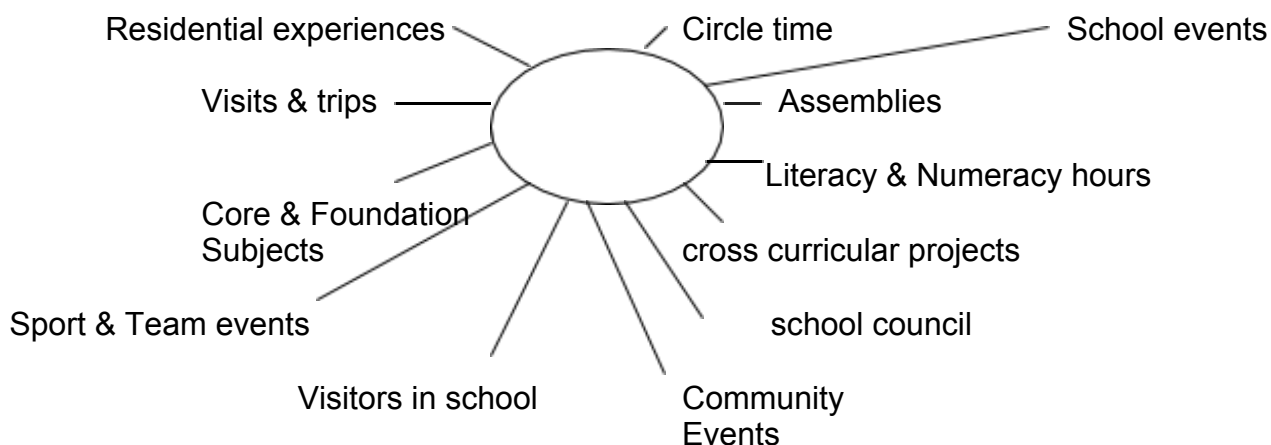
A question box will be available for each group so that questions can be answered in a way sensitive to the needs of individuals who may feel unable to raise questions in front of the group. There may be occasions when teachers must exercise their discretion about how to deal with particularly explicit issues raised by individuals. It may be inappropriate to deal with these issues with the rest of the group. In this case, teachers should normally discuss the child's concerns first with parents to see how they would like the matter handles. Where parents wish, it may be appropriate to respond individually to the child's question outside the class.

As a child protection issue, where the teacher has reason to believe that a child may be distressed or in danger, it would be appropriate for the teacher to consult the member of staff designated for child protection. Together they would speak individually to the child, having done so, before consulting the parents, to clarify the basis for concerns.

The Sex Education Programme will be taught by the class teachers but the expertise of the school nurse and other health professionals will be called upon to help deliver aspects of the Sex Education programme e.g. menstruation, birth etc.

Teaching and Learning styles

PSHE and Citizenship are an integral part of the ethos at Clyst St Mary Primary School. We have a whole school approach and it is integrated into most curriculum areas.



PSHE is taught through many planned and unplanned styles, most importantly through interactive learning. It is taught through circle time and classroom activities. Circle Time is used to encourage:

- The participation of individuals as part of a large group,
- Respect for everyone's views,
- Talking and listening for all,
- The inclusion of all adults and pupils, and the sharing of ideas with the whole group,
- The opportunity for teachers to reflect on the effectiveness of their teaching approaches.

Classroom activities include time for:

- Individual reflection on the subject in hand,
- Small group decision-making,
- The sharing of ideas by the whole class,
- Opportunities for reporting back.

Children will be encouraged to work in various different ways including whole class, group, pairs and individual. They will be encouraged to debate, problem solve, reflect and communicate with others. There is a clear programme of progression through the school, which ensures that themes and topics are visited frequently and developed in more detail as appropriate.

Assessment

For all children teachers will make their own assessments for each topic area which will contribute to their reports to parents, parent's evening and any other communication with parents. The assessment will also inform the teacher's planning. In the foundation year teacher's comments refer to children's progress in relation to their baseline assessment.

All teachers, learning support assistants, meal-time staff and administrative staff are responsible for informing the teachers about notable points of personal and social development in individual children. It is the responsibility of individual teachers and the SEN co-ordinator to identify children's progress, which is well above or below what is expected.

Throughout the school children complete self-assessments about their likes and dislikes and their feelings toward school, home and family. The self-assessments are differentiated according to age.

Outside Agencies

Clyst St Mary Primary School uses several outside agencies to contribute to the PSHE programme. Such as:

- School nurse
- Police officers
- Youth affairs officer
- Fire fighters
- Dr.Barnado representative
- Life Education Van

- Parents/ carers/ grandparents
- Charity workers
- Responsible adults within the wider community.