

PSHE Half Termly Units

Autumn 1

Choose Year Group
Nursery
Reception
Y1
Y2
Y3
Y4
Y5
Y6
NA

Me and My Relationships

All about me

What makes me special

Me and my special people

Who can help me?

My feelings

My feelings (2)

Autumn 2

Valuing Difference

I'm special, you're special

Same and different

Same and different families

Same and different homes

Kind and caring (1)

Kind and caring (2)

Spring 1

Keeping Myself Safe

What's safe to go onto my body

Keeping Myself Safe - What's safe to go into my body (including medicines)

Safe indoors and outdoors

Listening to my feelings (1)

Keeping safe online

People who help to keep me safe

Spring 2

Rights and Responsibilities

Looking after my special people

Looking after my friends

Being helpful at home and caring for our classroom

Caring for our world

Looking after money (1): recognising, spending, using

Looking after money (2): saving money and keeping it safe

Summer 1

Growing and Changing

Seasons

Life stages - plants, animals, humans

Life Stages: Human life stage - who will I be?

Where do babies come from?

Getting bigger

Me and my body - girls and boys

Summer 2

Being my Best

Bouncing back when things go wrong

Yes, I can!

Healthy eating (1)

Healthy eating (2)

Move your body

A good night's sleep