

PSHE Half Termly Units

Autumn 1

Choose Year Group
Nursery
Reception
Y1
Y2
Y3
Y4
Y5
Y6
NA

Me and My Relationships

Why we have classroom rules

Thinking about feelings

Our feelings

Feelings and bodies

Our special people balloons

Good friends

How are you listening?

Autumn 2

Valuing Difference

Same or different?

Unkind, tease or bully?

Harold's school rules

Who are our special people?

It's not fair!

Spring 1

Keeping Myself Safe

Healthy me

Super sleep

Who can help? (1)

Harold loses Geoffrey

What could Harold do?

Good or bad touches?

Spring 2

Rights and Responsibilities

Harold's wash and brush up

Around and about the school

Taking care of something

Harold's money

How should we look after our money?

Basic first aid

Summer 1

Growing and Changing

Inside my wonderful body!

Taking care of a baby

Then and now

Who can help? (2)

Surprises and secrets

Keeping privates private

Summer 2

Being my Best

I can eat a rainbow

Eat well

Catch it! Bin it! Kill it!

Harold learns to ride his bike

Pass on the praise!

Harold has a bad day