

PSHE Half Termly Units

Autumn 1

Choose Year Group
Nursery
Reception
Y1
Y2
Y3
Y4
Y5
Y6
NA

Me and My Relationships
An email from Harold!
Ok or not ok? (part 1)
Ok or not ok? (part 2)
Human machines
Different feelings
When feelings change
Under pressure

Autumn 2

Valuing Difference
Can you sort it?
Islands
Friend or acquaintance?
What would I do?
The people we share our world with
That is such a stereotype!

Spring 1

Keeping Myself Safe
Danger, risk or hazard?
Picture Wise
How dare you!
Medicines: check the label
Know the norms
Keeping ourselves safe
Raisin challenge (2)

Spring 2

Rights and Responsibilities
Who helps us stay healthy and safe?
It's your right
How do we make a difference?
In the news!
Safety in numbers
Logo quiz
Harold's expenses
Why pay taxes?

Summer 1

Growing and Changing
Moving house
My feelings are all over the place!
All change!
Period positive
Secret or surprise?
Together

Summer 2

Being my Best
What makes me ME!
Making choices
SCARF Hotel
Harold's Seven Rs
My school community (1)
Basic first aid